

Campfireshop.com & Northeastern Martial Arts present... the 4<sup>th</sup> Annual

# WILDERNESS SURVIVAL WORKSHOP



...with Adam Rodgers, Survival Expert/Instructor

Join us for a fun time of learning the basics of wilderness survival and bush craft skills. This hands-on workshop will teach you the basic skills and knowledge necessary to stay alive and healthy in the outdoors with a minimum of gear.

## Topics to be covered are:

- *Psychology of survival & developing the proper mindset*
- *Shelter - shelter & cover basics*
- *Cutting tools – demo of various knives and other cutting tools*
- *FireCraft - basic fire making skills no matter the weather conditions*
- *Food – various options plus finding food in the wild*
- *Water – procuring, purifying, and unusual water sources*
- *Getting rescued – various ways to signal for rescue*
- *Navigation – group hike on the trails with demos / discussions*
- *Cordage – man-made & natural cordage including useful knots*
- *How to put together your own survival “kit”*

Godfrey's Pond (meet up at the clubhouse)

Saturday, June 13th, 2015 Workshop: 10:00am to 5:00pm

Workshop Fee: \$69.00 per person (or \$59 if registered by June 6<sup>th</sup>).

Please make checks out to: Adam Rodgers

**Participants should bring:** water / fluids, snack and /or bag lunch, comfortable outdoor clothing & hiking shoes, sun screen, insect repellent and rain gear. We will have a grill available if you want to cook burgers or hotdogs. Also, bring along a ferro rod and your survival knife if you have one...don't buy one just for the workshop as we have plenty of spares. We will have some basic survival gear for sale at the event as well.

Minimum age is 12 years. Participants 14 or younger should be accompanied by parent or guardian. If you have questions or need more info, contact Adam Rodgers, #585-709-1312.

## REGISTRATION:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

*I agree that my participation in the workshop is at my own risk. I further agree that Adam Rodgers, Martin Noel, Northeastern Martial Arts Institute, Campfireshop.com, Godfrey's Pond and any staff or assistants shall not be liable for any damages arising from personal injuries or property damage or loss sustained by me in or near premises where the workshop shall be conducted. Also, as a result of my participation in the workshop, I also recognize that it shall involve physical exercise.*

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

(Parent signature required if student is under 18 yrs of age.)

Rec'd by \_\_\_\_\_ Date \_\_\_\_\_ Amount \_\_\_\_\_ Cash / Check # \_\_\_\_\_